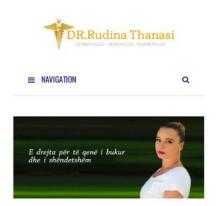
PageSpeed Insights

Telefon



Dermatologji Kozmetike

Mjekësia e Bukurisë, kirurgjikale apo jo, është ajo shkencë mjekësore që merret me përmirësimin dhe vënien në pah të bukurisë, vitalitetit dhe rinisë fizike. Po ashtu, ka si objekt interesi jo vetëm përmirësimin në aspektin e jashtëm, por edhe bukurinë dhe gjallërinë që vien nga rigjenerimi i brendshëm. **Lexoni M**ë

41 / 100 Shpejtësia

Duhet përmirësuar:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

<u>Enable compression</u> for the following resources to reduce their transfer size by 141.2KiB (65% reduction).

- Compressing https://rudinathanasi.com/wp-includes/js/jquery/jquery.js could save 61.9KiB (65% reduction).
- Compressing https://rudinathanasi.com/ could save 54.2KiB (82% reduction).
- Compressing https://rudinathanasi.com/wp-includes/css/dashicons.min.css could save 17.3KiB (39% reduction).
- Compressing https://rudinathanasi.com/wp-content/plugins/elementor/assets/css/frontend-msie.min.css?2.3.8 could save 7.4KiB (90% reduction).
- Compressing https://www.youtube.com/iframe_api could save 368B (43% reduction).

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

<u>Leverage browser caching</u> for the following cacheable resources:

- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/bg.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/de.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/el.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/es.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/fr.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/it.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/mk.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/nl.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/pt.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/ro.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/sq.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-sliderslider/assets/images/ajax-loader.gif (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-slider-

slider/assets/images/arrow-left.png (expiration not specified)

- https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-sliderslider/assets/images/arrow-right.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/03/IMG_4136-1.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Authorea.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Google.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Untitled-1-1.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/academicroom.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/bepress.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/liber-rudina-thanasi-png-per-web-1-1.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/libri-3d.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/loop.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/orcid.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/research-id.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/rudina-thannasi-logo-png-ok.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/sciencemedia.png (expiration not specified)
- https://rudinathanasi.com/wpcontent/uploads/2018/11/ab8f7bc9-7b89-44c9-a186-260d9e623729-1024x682.jpg (expiration not specified)

- https://rudinathanasi.com/wp-includes/css/dashicons.min.css (expiration not specified)
- https://rudinathanasi.com/wp-includes/js/jquery/jquery.js (expiration not specified)
- https://s10.histats.com/js15 as.js (expiration not specified)
- https://static.doubleclick.net/instream/ad status.js (15 minutes)
- https://connect.facebook.net/en US/sdk.js (20 minutes)
- https://translate.googleapis.com/translate_static/css/translateelement.css (60 minutes)
- https://translate.googleapis.com/translate static/js/element/main sq.js (60 minutes)

Reduce server response time

In our test, your server responded in 1.6 seconds.

There are many factors that can slow down your server response time. Please read our recommendations to learn how you can monitor and measure where your server is spending the most time.

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 2 blocking script resources and 4 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

Remove render-blocking JavaScript:

- https://rudinathanasi.com/wp-includes/js/jquery/jquery.js
- https://ws.sharethis.com/button/st_insights.js?publisher=4d48b7c5-0ae3-43d4-bfbe-3ff8c17 a8ae6&product=simpleshare

Optimize CSS Delivery of the following:

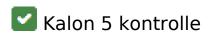
- https://fonts.googleapis.com/css?family=Oswald%3A400%2C300%2C700%7CNoto+Serif%3 A400%2C400italic%2C700%2C700italic%7CAssistant%3A100%2C100italic%2C200%2C200it alic%2C300%2C300italic%2C400%2C400italic%2C500%2C500italic%2C600%2C600italic%2 C700%2C700italic%2C800%2C800italic%2C900%2C900italic
- https://rudinathanasi.com/wpcontent/cache/autoptimize/css/autoptimize 701fb2f4f0d6d2f88188f2d72dee2ade.css
- https://rudinathanasi.com/wp-includes/css/dashicons.min.css
- https://rudinathanasi.com/wp-content/cache/autoptimize/css/autoptimize_single_e78eefd647 b53c10eab33738a5d024e8.css

Optimize images

Properly formatting and compressing images can save many bytes of data.

Optimize the following images to reduce their size by 169.9KiB (69% reduction).

- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg could save 160.8KiB (79% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg could save 2.8KiB (26% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg could save 2KiB (22% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg could save 1.9KiB (22% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg could save 1.4KiB (22% reduction).
- Compressing https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png could save 375B (15% reduction).



Avoid landing page redirects

Your page has no redirects. Learn more about avoiding landing page redirects.

Minify CSS

Your CSS is minified. Learn more about minifying CSS.

Minify HTML

Your HTML is minified. Learn more about minifying HTML.

Minify JavaScript

Your JavaScript content is minified. Learn more about minifying JavaScript.

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about <u>prioritizing visible</u> <u>content</u>.

98 / 100 Eksperienca e përdoruesit

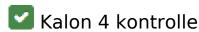
Përmiresim për tu konsideruar:

Size tap targets appropriately

Some of the links/buttons on your webpage may be too small for a user to easily tap on a touchscreen. Consider <u>making these tap targets larger</u> to provide a better user experience.

The following tap targets are close to other nearby tap targets and may need additional spacing around them.

- The tap target <|i class="">1</|i> and 7 others are close to other tap targets.
- The tap target <button id="slick-slide-control00" type="button">1</button> and 6 others are close to other tap targets.
- The tap target <button id="slick-slide-control01" type="button">2</button> is close to 5 other tap targets.



Avoid plugins

Your page does not appear to use plugins, which would prevent content from being usable on many platforms. Learn more about the importance of <u>avoiding plugins</u>.

Configure the viewport

Your page specifies a viewport matching the device's size, which allows it to render properly on all devices. Learn more about <u>configuring viewports</u>.

Size content to viewport

The contents of your page fit within the viewport. Learn more about sizing content to the viewport.

Use legible font sizes

The text on your page is legible. Learn more about using legible font sizes.

Desktop

Desktop



51 / 100 Shpejtësia

Duhet përmirësuar:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

<u>Enable compression</u> for the following resources to reduce their transfer size by 141.2KiB (65% reduction).

- Compressing https://rudinathanasi.com/wp-includes/js/jquery/jquery.js could save 61.9KiB (65% reduction).
- Compressing https://rudinathanasi.com/ could save 54.2KiB (82% reduction).
- Compressing https://rudinathanasi.com/wp-includes/css/dashicons.min.css could save 17.3KiB (39% reduction).
- Compressing https://rudinathanasi.com/wp-content/plugins/elementor/assets/css/frontend-msie.min.css?2.3.8 could save 7.4KiB (90% reduction).
- Compressing https://www.youtube.com/iframe_api could save 368B (43% reduction).

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

Desktop

Leverage browser caching for the following cacheable resources:

- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/bg.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/de.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/el.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/es.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/fr.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/it.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/mk.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/nl.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/pt.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/ro.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/sq.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-sliderslider/assets/images/ajax-loader.gif (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-sliderslider/assets/images/arrow-left.png (expiration not specified)
- https://rudinathanasi.com/wp-content/plugins/wp-logo-showcase-responsive-sliderslider/assets/images/arrow-right.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/03/IMG_4136-1.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Authorea.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg (expiration not

specified)

- https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Google.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/Untitled-1-1.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/academicroom.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/bepress.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/liber-rudina-thanasi-png-per-web-1-1.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/libri-3d.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/loop.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/orcid.jpg (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/research-id.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/rudina-thannasi-logo-png-ok.png (expiration not specified)
- https://rudinathanasi.com/wp-content/uploads/2018/10/sciencemedia.png (expiration not specified)
- https://rudinathanasi.com/wpcontent/uploads/2018/11/ab8f7bc9-7b89-44c9-a186-260d9e623729.jpg (expiration not specified)
- https://rudinathanasi.com/wp-includes/css/dashicons.min.css (expiration not specified)
- https://rudinathanasi.com/wp-includes/js/jquery/jquery.js (expiration not specified)
- https://s10.histats.com/js15 as.js (expiration not specified)
- https://static.doubleclick.net/instream/ad status.js (15 minutes)
- https://connect.facebook.net/en US/sdk.js (20 minutes)
- https://translate.googleapis.com/translate static/css/translateelement.css (60 minutes)
- https://translate.googleapis.com/translate_static/js/element/main_sq.js (60 minutes)

Reduce server response time

In our test, your server responded in 1.7 seconds.

There are many factors that can slow down your server response time. Please read our recommendations to learn how you can monitor and measure where your server is spending the most time.

Optimize images

Properly formatting and compressing images can save many bytes of data.

Optimize the following images to reduce their size by 201KiB (54% reduction).

- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Foto-Rudina-Thanasi.jpg could save 160.8KiB (79% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/11/ab8f7bc9-7b89-44c9-a186-260d9e623729.jpg could save 31.1KiB (25% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/16-Vite.jpg could save 2.8KiB (26% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Kerkues.jpg could save 2KiB (22% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Expert.jpg could save 1.9KiB (22% reduction).
- Compressing https://rudinathanasi.com/wp-content/uploads/2018/10/Autor-Mjekesor.jpg could save 1.4KiB (22% reduction).
- Compressing https://rudinathanasi.com/wp-content/plugins/gtranslate/flags/48/en.png could save 375B (15% reduction).

Përmiresim për tu konsideruar:

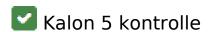
Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 1 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

Optimize CSS Delivery of the following:

 https://fonts.googleapis.com/css?family=Oswald%3A400%2C300%2C700%7CNoto+Serif%3 A400%2C400italic%2C700%2C700italic%7CAssistant%3A100%2C100italic%2C200%2C200it alic%2C300%2C300italic%2C400%2C400italic%2C500%2C500italic%2C600%2C600italic%2 C700%2C700italic%2C800%2C800italic%2C900%2C900italic



Avoid landing page redirects

Your page has no redirects. Learn more about avoiding landing page redirects.

Minify CSS

Your CSS is minified. Learn more about minifying CSS.

Minify HTML

Your HTML is minified. Learn more about minifying HTML.

Desktop

Minify JavaScript

Your JavaScript content is minified. Learn more about minifying JavaScript.

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about <u>prioritizing visible</u> <u>content</u>.